

Celebrity Health Advice: Not What's Good For You



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Wellness. Cover graphic from "Bad Advice Or Why Celebrities, Politicians, and Activists Aren'. Did you ever notice how hard it can be to get a simple answer about health or a medical condition? ... What exactly causes cancer?. Q: Which health trends endorsed by celebrities concern you? ... Q: Do people actually trust celebrities for health advice? ... Q: What about celebrity doctors like Dr. Oz and Deepak Chopra? ... So you may not think that Gwyneth Paltrow is a good source of information, but she may speak to your personal To be sure, not all celebrity health advice is bad, but experts say the ... but that's exactly what Jenny McCarthy and other anti-vaxxers like Now scientists have explored why we listen to advice from celebrities instead of ... She is pictured signing copies of her healthy cookery book, which is called 'It's all good' ... then they do not have prostate cancer, while Gwyneth Paltrow has ... obtain their health information and what makes them act upon it.. Not only are they putting kids in danger, it's doing something else. ... Nobody focuses on what kids really need. ... Otherwise, when it comes to celebrity health advice, it's better to follow the kind advising you to have a colonoscopy than the kind Why We Trust Celebrity Health Advice — Even When It's Wrong ... but it's what makes the influencer-driven health and wellness world that we live in ... Or you might just ignore the conflicting messages and choose not to think The Worst Medical & Health Advice Given by Celebrities ... As a Scientologist, Cruise does not believe in antidepressant drugs or the benefits of psychiatry. ... human beings and the sun is the sun - how can it be bad for you?. What they do have is a platform, something most doctors and scientists ... Although we may not carry cameras, we non-celebrities are paparazzi ... thousands of previously healthy children and adults have died of the flu, most Julia Belluz: Have you heard from Gwyneth Paltrow since you published the ... JB: Why do smart people believe bad celebrity health advice? ... She was not making strong pronouncements about what other women should do.. Researchers say we're genetically programmed to believe what stars say ... These celeb Svengalis even have the power to persuade us to follow their medical advice, ... Here's our list of the celeb health ideas you shouldn't follow (and no, Jenny ... "We're human beings and the sun is the sun – how can it be bad for you?. When it comes to beauty and fashion advice, celebrities are great for doling out tips. ... and especially not the kind that has the potential to burn you. ... know what these drugs are and for her to promote it is irresponsible.. Let the stars guide you with their best better-body tips! ... It's the job of celebrities to look good and flaunt their progress-and believe it or not, many do ... "It's no fun to sit down and talk about what exercise has to do with life.. 6 Celebrity Health Tips That are Anything but Healthy. By Charlotte Andersen ... "It's not that I've fallen out of love with tennis. I've actually never liked ... "I don't eat food in restaurants—you can never be sure what's in it, can you?"-... Madonna.. 9 Reasons Why We Listen To Celebrities' Bad Health Advice ... years of TV, film, or commercial acting experience to tell us what's good for our bodies. ... moisturizer and listening to one that tells you not to vaccinate your kids... Cutting through the Hype about Your Health Robert Davis ... A test may therefore not be in your best interest if you let it lull you into a false ... especially when they come from celebrities we trust and admire, who seem so ... There's no reason to doubt that they mean what they say, even if they're getting paid for giving advice.. Nutritionist warns celebrity fad diets might not always be best for your health. ... \$50m Lotto jackpot: What's the best way to win - lucky dip or choose your own? ... Nutritionist reveals the hidden dangers of following celebrity health advice ... Whether you are celeb-obsessed or pretend to turn a blind eye, These celebrity health tips turned out to be complete bogus. ... to know their favorite foods, where they go when they need a vacation, and what they do to stay healthy. ... Gwyneth Paltrow gives some not-so-helpful advice.. celebrity health tips, celebrity diets that work, plans, lose weight, what celebrities eat in a day, best health tips for women, ideas, health, ... I try not to have too much cheese or too many high-fat foods, even though I love ...

Celebrities are a terrible source of nutrition and health advice, and can often ... What's the best way to boost the sales of your diet pills or protein shakes? ... Celebrities start wellness companies for their own benefit, not yours.. Just because someone is famous doesn't mean they know what they're ... but when it comes to health and medicine, you may want to steer clear of some of ... But despite celebrity backing, a 2015 study found no evidence to ...

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